FOR IMMEDIATE RELEASE

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Township Recreation Center Program Adds New Facility CrossFit Saol Joins Program

Twinsburg Township, Summit County, Ohio – May 29, 2018 – The Board of Twinsburg Township Trustees at its May 16, 2018 regular meeting, unanimously voted to add CrossFit Saol to the Township Recreation Center Program, bringing the number of facilities enrolled in the program up to 13. The 2018 Township Recreation Center Program continues to pay half of the membership fee at eligible recreation centers, with a 2018 benefit of up to \$250.00 per Township household. "We welcome CrossFit Saol to our list of Township recreation facilities" said Trustee James Balogh. "The scope of fitness experiences available through the Township recreation program is enhanced with the inclusion of CrossFit Saol."

CrossFit Saol of Twinsburg, located at 2130 E. Aurora Road in Twinsburg, first started in 2012. Since then it has grown and represents people from the surrounding communities with a shared interest in health and wellness. CrossFit is a core strength and conditioning program, that incorporates high-intensity interval training (HIIT) into their varied programs.

The Program's diverse mix of 13 eligible centers includes Akron General Health and Wellness Center of Stow, *CrossFit Saol of Twinsburg*, LaTuchie Tennis Center of Stow, LifeCenter Plus of Hudson, Macedonia Family Recreation Center, MJG Fitness of Twinsburg, Reminderville Athletic Club, Snap Fitness 24/7 of Twinsburg/Hudson, Summa Wellness Institute of Hudson, Titan's Gym of Twinsburg, Twinsburg Fitness Center, Twinsburg Water Park, and Western Reserve Racquet & Fitness Club of Streetsboro.

Program application form and other information about 2018 Program-eligible recreation centers, including links to eligible recreation center websites, can be found on the Township website, www.twinsburgtwp.com, under Departments – Recreation, and at Township Hall at 1790 Enterprise Parkway, or by calling (330) 425-4497.

About Twinsburg Township

Twinsburg Township was founded in 1817, had a population of 2,828 in 2010. Twinsburg Township is home to an unparalleled combination of rich history, abundant natural resources, outstanding parks, well-planned neighborhoods, thriving businesses, and top-notch institutions. Whether you're looking for a great place to live or do business, or just a spot to spend a quiet afternoon, you'll find it all right here in Twinsburg Township. So stop by and see us sometime, and if you can't make it in person, please check out www.twinsburgtwp.com to get a glimpse of all that Twinsburg Township has to offer. For more information, contact Robert S. Kagler, Township Manager, via telephone at (330) 425-4497 or via e-mail at rkagler@twinsburgtwp.com.

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